

Parallel Learning Technology

The Adult/Adolescent Superior

Growing up is intended to be a passage through five stages of relationship:

- Childhood
- Adolescence
- Transitional Passage
- Independent Adult
- Interdependent Adult

However, many life situations can interrupt this maturation process.

Some of us did not experience the Transitional Passage from adolescence to adulthood.

Maybe this emotional “rite of passage” did not occur in certain areas of our lives.

Maybe the teaching, approval, and unconditional love from our parents were lacking because they did not receive these gifts from their parents.

Maybe the teaching, approval, and unconditional love were given but we were not able to acknowledge these gifts.

The end result is, we stay stuck in either the “little circle” perspective of a child and become an adult/child or the “big circle” perspective of the adolescent and act like an adult/adolescent.

An adult/adolescent feels like they are in a “big circle” and acts like they are superior to others. This causes their relationships to be filled with:

- Selfishness
- Sarcasm
- Criticism
- Judgmentalism
- Controlling
- Anger (hostility)

(Excerpt: Passage To Adulthood, Chapter 1)