

Parallel Learning Technology

The Adult/Adolescent Inflated Ego

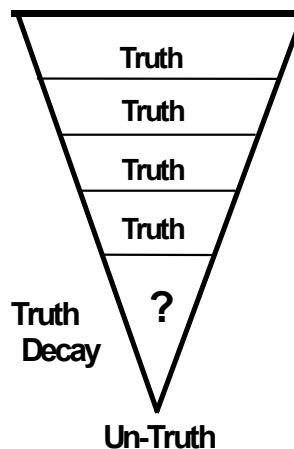
The process of growing up is a passage from childhood, through adolescence into adulthood. Between adolescence and adulthood, there is supposed to be a “bridge” called the “Transitional Passage”.

This “Transitional Passage” gives birth to a person’s true self-identity. The adolescent discovers who they are and who they are not. They begin to see themselves as separate from the parent. They begin to see themselves as “different but equal” to the parent.

But if this passage does not occur, a person gets stuck emotionally in either childhood or adolescence. Self-identity does not develop. There is not sense of self; no connection to self and no inside world exists.

Instead of living a life guided by self-truth, the person is plagued by untruths about them self. Fears about who they might be haunt them. This is called “truth decay”. “Truth decay” is an accumulation of untruths about a person that become part of their belief system.

The adult/adolescent tries to cover up their “truth decay” with truths by becoming a ‘human doing’. They desperately try to deny their fear by over-achieving; always proving they are good enough. But too much is not enough. They keep filling the hole and inflating the ego.



They often they go after degrees or training in certain careers, never following through to completion. They are caught in a constant trap of having to put up 'a false front'; living in a cycle of feeling good about them self one minute only to crash down into self-doubt.

This only adds to the "truth decay" and eats away at the inflated ego. Now it takes even bigger illusions to cover up the fear.

(Excerpts: Journey Part I - Resolving the Past, Chapter 1 and Practical Spirituality, Chapter 4)