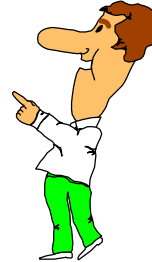
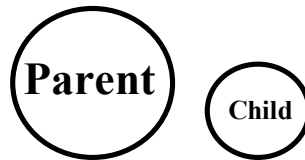


Parallel Learning Technology

The Childhood “Little Circle”

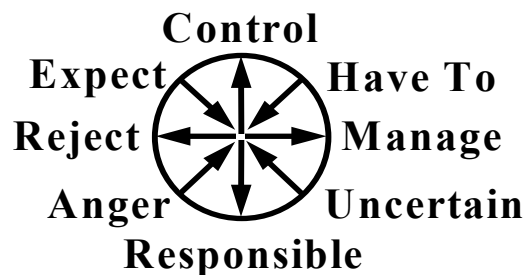
The first perception of relationship occurs in childhood.
The child sees itself in a “little circle”.



The parent is in control of the child’s life and the child experiences everything from the perspective of:

- I feel I have no choices; everything is a “**have to**”
- I feel I have to **manage** other peoples’ outcomes
- I feel I am always made to feel **uncertain**
- I feel I am **responsible** when things go wrong
- I feel **anger** from others
- I always feel **rejected**
- I feel I hear only **expectations**
- I feel others are always controlling me

The child perceives the world as a cycle of control.



(Excerpt: *Resolving Stress and Conflict in Relationships*, Chapter 1)