

## Parallel Learning Technology

### Self-identity in Adolescence False Ego

As a child matures, their perspective shifts from “I have to” to “I don’t want to”.

The childhood “little circle” gives way to the adolescent “big circle” attitude. The adolescent begins to rebel against authority.

This rebellion is essential for the **creation of a false ego**, which serves as a temporary Self-Identity.

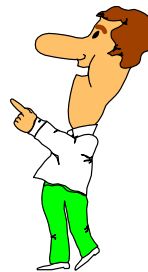
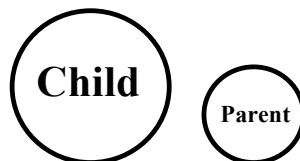
Self-identity begins with a process of discovering one’s own self-authority.

Parenting shifts to a delicate balance between providing structure and passing emotional self-authority.

Emotional self-authority is the ability to decide what is right for oneself and to feel good about that decision even if the results or consequences do not meet the approval and acceptance of others.

The adolescent is clumsy at first because they are operating from the temporary ego until self-authority is established.

The goal is that both parents and child emotionally survive this important stage of emancipation.



(Excerpt: **Kids Don’t Come with an Owner’s Manual, p. 9 and Passage to Adulthood, chapter 6**)