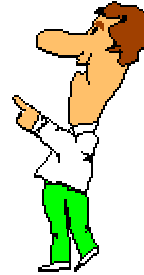


## *Parallel Learning Technology*

### **The Independent Adult I / We**

The fourth perception of relationship now appears. The adult begins to see them self as “different from” but “equal to” other people.



The illusion of inequality begins to be replaced with the adult perspective of equality. The concept of an “I” begins to form and the possibilities for becoming a “We”.

**(Excerpt: Resolving Stress and Conflict in Relationships, Chapter 1)**