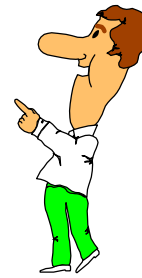
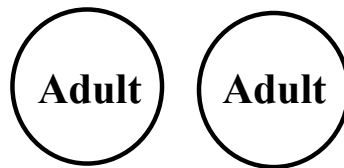


## Parallel Learning Technology

### Self-identity in Adulthood/Independent Something to Contribute

The Transitional Passage from adolescence to adulthood leads to the fourth perception of relationship—an independent adult.

The adolescent and parent have become emotional equals and an adult is born. The adult perspective of equality is created.



The adult is able to meet their basic human needs for survival, freedom, usefulness, and love, independent of other people.

The adult begins to:

- Provide for them self utilizing creativity
- Protect them self by exercising self-compassion
- Compete and do their best by being supportive to them self

A self-identity forms and results in a belief that, **“I have something to contribute.”**

**(Excerpt: Passage to Adulthood, Chapter 6)**