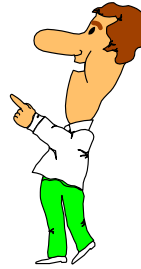
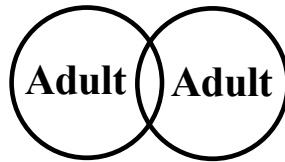


Parallel Learning Technology

Interdependent Adult We /I

The adult is now emotionally equipped to enter into **interdependent relationships**. This fifth perception is one of mutual exchange.



Equality and Self-Identity are well defined, allowing the adult to enter into “we” relationships without losing the “I.”

Self-Esteem emerges and allows the adult to have confidence and satisfaction in their ability to relate to others.

Adulthood becomes a wonderful discovery of self and others through the ebb and flow of independent and interdependent relationships.

(Excerpt: Resolving Stress and Conflict in Relationships, Chapter 1)