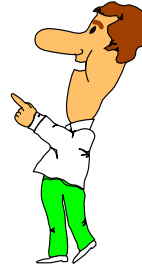
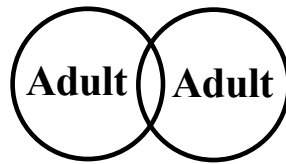


## Parallel Learning Technology

### Interdependent Adult Thinking Awareness, Acceptance, and Value for Others

What we experience in life is determined by 'how we think'. If our thinking is based on love, we experience awareness, acceptance, and value. If our thinking is based on fear, we experience hurt, guilt, and shame. Lets see how this applies the stage of interdependent adulthood.



The adult independent stage of relationship defines who we are within ourselves. Now we can move into “We” relationships without losing our sense of “I”.

We transition from a world of self-identity to that of self-esteem., Our esteem for ourselves comes as a result of being able to create and maintain interdependent relationships.

Our mental process is one in which **“we” decisions** result in **“we” actions** that result in **“we” feelings**.

We are able to flow back and forth between the “I” and the “We”. This allows us to give and receive love as attention, respect, and appreciation. We become equally attentive to our self and others in the exchange of awareness, acceptance, and value.

**(Concepts from Passage to Adulthood, Chapter 6)**