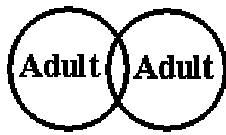


Parallel Learning Technology

Interdependent Adult Join With

Behavior is the result of how we see the world, how we see ourselves, and how we reason. That is why it comes at the end of this discussion on the perception, attitude, and thinking processes that occur in the normal course of becoming an interdependent adult. Let's recap these aspects and then look at behavior.

The adult is now equipped to take the next shift in perception to include interdependency with other people...



...by giving expression to their attitude of true self-identity as, "I want to participate."

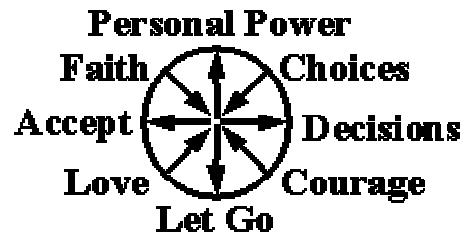
... and expanding their thinking process to one in which "we" decisions result in "we" actions that result in "we" feelings.

Our capacity to create and maintain interdependent relationships increases as we continue to define we are and who we are not. These boundaries allow us to enter into "we" relationships without losing our "I."

Now we can flow back and forth from Independence to interdependence through an exchange of Personal Power, which allows self-esteem to be created through a process of empowerment.

Empowerment happens when two or more interdependent adults:

- Are able to offer each other choices
- Are able to allow each other to make their own decisions
- Are able to offer each other courage by being supportive
- Are able to allow each other to let go of things that are not right for them
- Are able to consistently offer love as attention, respect, and appreciation
- Are able to allow each other to experience and accept the results of their decisions
- Are able to offer each other faith that things will result in their highest and best good



The “I” and “We” characteristics that have been developing since adolescence, become very practical relationship skills.

“I” Characteristics

To Provide
To Protect
To Compete

“We” Characteristics

To be Creative
To be Compassionate
To be Supportive

We can now live in a loving exchange called “Join With” in all of our relationships.

- When we are giving creative solutions, compassion, and support to another human being, we are joining.
- When we are receiving and accepting creative solutions, compassion, and support, we are being joined.

Now adulthood becomes a wonderful discovery of our self and others through the ebb and flow a process of JOINING.

**(Excerpt: Resolving Stress and Conflict in Relationships, Chapter 1
and Creating Teamwork through Empowerment, Chapter 5)**