

Parallel Learning Technology

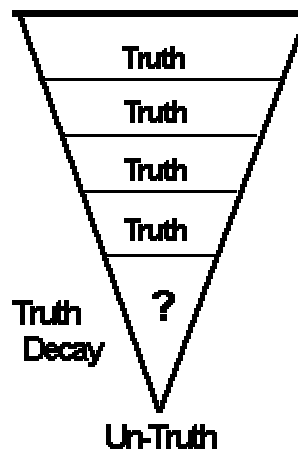
The Adult/Child Deflated Ego

The process of growing up is a passage from childhood, through adolescence into adulthood. Between adolescence and adulthood, there is supposed to be a “bridge” called the “Transitional Passage”.

This “Transitional Passage” gives birth to a person’s true self-identity. The adolescent discovers who they are and who they are not. They begin to see themselves as separate from the parent. They begin to see themselves as “different but equal” to the parent.

But if this passage does not occur, a person gets stuck emotionally in either childhood or adolescence. Self-identity does not develop. There is not sense of self; no connection to self and no inside world exists. Instead of living a life guided by self-truth, the person is plagued by untruths about them self. Fears about who they might be haunt them. This is called “truth decay”. “Truth decay” is an accumulation of untruths about a person that become part of their belief system.

The adult/child tries to cover up their “truth decay” with truths by trying to accomplish something to at least accumulate ‘labels’ in lieu of a self-identity.



But the helplessness from their deflated ego always ends up proving that they are, “not good enough”, which adds to the “truth decay”.

Relationships are filled with frequent bouts of hurt, guilt, and shame. The person blames others for their problems and begins a spiral down into a cycle of seeing them self as a victim.

(Excerpts: *Journey: Resolving the Past, Part I and Practical Spirituality, Chapter 4*)