

# The Weekly Skillet

Serving Up New Choices For Your Life!

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## The Main Course



Richard Jorgensen, CEO

### Making a True Team Culture a Reality!

Organizations allocate large amounts of time, energy, and resources toward developing team structures and processes for directing people toward the organizational goals and objectives.

The focus is to get people to **start doing** those things that have been pre-determined to result in teamwork.

**However, true teamwork is more directly the result of what people STOP doing rather than what they start doing!**

When the perspective of emotional inequality is eliminated, people automatically relate from the perspective of equality.

**The perspective of equality allows us to maintain the distinction between our emotional world and our physical or structural world.**

Our logical and intuitive decisions determine our actions. We can focus on:

- What we have to contribute
- How we want to participate

Our leaders can exert structural authority over us without triggering the emotional perspectives of the child or adolescent.

We maintain the distinction that the leader is in charge of our jobs or roles. But we do not convert “control of the job” to “control of me”.

This distinction allows us to keep focused on our personal goals and objectives. We are also able to work with leaders who are controlling and act superior to us.

The leader is no longer responsible for how we feel.

**When we stop living in the cycle of control, a World of Personal Power becomes available to us.**

When this happens:

- We let go of reacting to the expectations of others.
- We stop rejecting people who are different or disagree with us.
- We stop reacting to the anger of others.
- We stop making others responsible for things over which they have no authority.
- We stop reacting to the uncertainty and distrust of others by proving ourselves.
- We stop trying to manage the outcome of our lives and the lives of others.
- We stop reacting to the demands and the “have to” of others.

**Our L.S.U. coaches teach organizations how to make this a reality!**

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“I love the group sharing that goes on in our coach training classes. To be sharing this experience with people who are learning to truly LISTEN is so refreshing. The classes go so far beyond other group exchanges I have been involved with. This is REAL!”

-Mary Jane Jorgensen

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