

The Weekly Skillet

Serving Up New Choices For Your Life!

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The Main Course



Richard Jorgensen, CEO

Followship- Leadership!

In the last issue we explored how our perspective of emotional equality leads to living in Personal Power. When we live in Personal Power:

- We see choices that we never saw before.
- We are able to make our own decisions.
- We are able to experience a sense of courage and well being without dependency on people, entertainment, love, sex, alcohol, or drugs.
- We are able to let go of responsibilities for which we have no authority.
- We are able to feel and accept love from others.
- Acceptance becomes something we are able to give to others instead of something we seek.
- Faith becomes a perspective from which we simply know things to be true, without the need for understanding or having things proven.

Now we are ready to eliminate the cycle of passive-aggressive control from our relationships. Now a mutual exchange of creativity, compassion, and support can begin.

Passive-aggressive behavior is now replaced with **“Followship-Leadership.”**

when a person is giving creative solutions, compassion, and support to

“Followship-Leadership” comes from the only exchange in which true teamwork can thrive.

The leader holds the vision and the mutual exchange of “Followship-Leadership” provides the harmony within which the team can accomplish its goal.

Leadership is created by followers, and followship is created as a result of leadership.

Leaders bring a vision.

When other people show up and say, "I want that vision to happen too", we have the possibility of leadership.

The leader clearly defines the vision. ("Here is where I want to go.")

The followers create the mission plan. ("Here is how we want to be led.")

When this mission plan is given to the leader by the followers, leadership is created.

The leader now has leadership, and says "yes" to the plan, commits to keeping everyone on course, and gives the followers the authority, responsibility, and accountability to implement this plan.

When the vision, mission, and principles are clearly defined and accepted, followship is created.

When both Leadership and Followship are created, true teamwork happens.

We all need to be leaders, and we all need to be followers.

When we become leaders, we do not cease being followers. Leaders are created from followers.

We will never learn how to follow if we do not learn how to lead. We will never learn how to lead if we do not learn how to follow.

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